

SWAMP NEWS

Arlington Alligators Swim Club

October 2003

Volume IV



Coaches Comments

Hey all you Alligators!! Welcome back to the swamp! It has been an awesome two weeks and the progress in all of you is great to see. Please remember to be on time and ready to swim. It is disruptive to the other athletes to have swimmers coming in late and leaving early. We want to be a strong team at all times and working together is part of that.

Goal sheets for the Gold, Blue and Xtreme swimmers need to be completed and given back to me as soon as possible.

Equipment: Mark all equipment and Alligator apparel with your name. If you are a Gold, Blue or Xtreme swimmer you should have a pair of fins and a jump rope. Please bring them daily.

All swimmers need to have reliable goggles at all times (a second pair is a good idea for back up). Girls must wear a cap.

Nutrition note: Bring a filled water bottle to every practice. It is important that you stay hydrated at all times. We eat less junk food and more healthy food than last year! Even during Halloween. Moderation!

Parents please make sure to pick up your athletes directly after practice. The Alligators are not responsible for the swimmers once they leave the pool deck. We want all swimmers to be safe in your hands after the practice is over. We will encourage them to move quickly through the locker rooms.

Thank you all for helping us get off to a great start.! We appreciate the time and effort you put in driving back and forth to practice. ▲

Executive Board

Mary Ruffin, Head Coach/CEO
Noreen Rodriguez, President
Mark Anderson, Vice President

Mary Ann Anderson, Vice President
Deb Barrett, Treasurer
Jill Pellican, Membership Chairman

Maria Mackiw, Recording Secretary
Sara Zimmermann, Recruiting Chair.
Sue Ulrich, President Ex-Officio

Patti Nordyke, Apparel Chairman
Mary Wilcher, Concession Chairman
Linda Stack, Fundraising Chairman

Karen Pesenko, Social Chairmen
Steve Pesenko, Social Chairmen



Birthdays

Name	Birthday	Age
Timmy Skaladzien	October 13th	12 years old
Emily Nolan	October 13th	9 years old
Stephanie Nolan	October 15th	11 years old
Rachel Farrell	October 19th	14 years old
Cristina Corrigan	October 19th	14 years old

President's Corner

Welcome to of our returning families and those families new to the club. This is the first of many newsletters that you will be receiving throughout the season. Our newsletters are another means of communication to keep parents informed of all the happenings of the club. Newsletters will be put in your mailboxes every other Monday and also an edited version will be available on our website.

Our parent meeting was held last Monday and was attended by a large number of parents. Thank you to all who made the effort to come. Every family should have a green folder that contains the team handbook, fundraising information and meet information. If you have not received your folder please contact me to obtain one. I hope you will take the time to read through the handbook. Included in the handbook is: the club by-laws; policy and procedure; general swimming information.

Our team is in need of parents who would be willing to become certified officials. There are several clinics being held this month to train interested parents. The clinic most convenient is being held at Stevenson High School on Sunday Oct 12th. If you are interested please contact Mark Anderson at 253-8367 as soon as possible.

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Meets

The Alligator meet is being held Oct 18th and 19th at UIC. All families are needed to help make our meet successful. Parents who have swimmers in the meet are needed to volunteer their time on the day(s) in which their child is swimming. A volunteer sign up form was circulated during the parent meeting. If your child is swimming and you have not signed up for a job please contact me for available positions. The job sign up form will be given to all parents the week of the meet so that they may see their assignments. All families are expected to donate to our concession stand with either a food or monetary donation. Concession letters were included in the green folders and are due back to Mary Wilcher ASAP. Please be respectful and hand in your letter/donation in on time. It is greatly appreciated.

Fundraising

A fundraising report will be put in your mailbox monthly. The report will reflect any credits you have earned and your season balance. Listed below are the current fundraisers:

Gold C Coupon Books — selling for \$10 each with a \$4.00 fundraising credit for each book sold. Contact Gene Waskowski for coupon books 253-5630

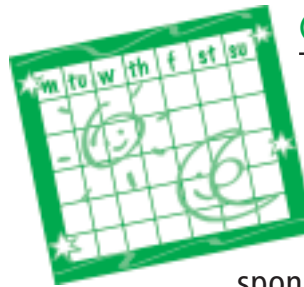
Magazine Sale — orders due Oct 13th fundraising credit is 40% of your sales. Contact Renee Spacapan for order forms 749-4003

Poinsettia Sale — orders due Nov 12th fundraising credit amount may vary due to number of plants sold. Last year's credit was \$7.00 per plant sold. Contact Linda Stack 577-4318 for more information.

Meet Program — Event sponsor and advertising space available. Information is included in your green folder. 100%

of monies collected will be credited to your fundraising account. Contact Noreen Rodriguez 818-8188 for more information. ▲

Noreen



Calendar of Events:

October 12th — Officials Clinic at Stevenson High School.

October 13th — Event sponsors due to Mary Ruffin. Also magazine sale ends.

October 18th & 19th — Alligator Meet at UIC.

October 25th & 26th — Meet at New Trier High School (Green, Silver and Gold).

October 25th & 26th — Meet at Lake Forest High School (Blue and X-treme).

October 29th — Halloween Party at Viator.

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