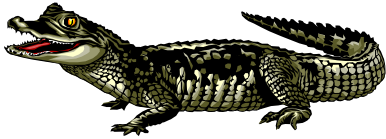


Gator News

The newsletter for the Arlington Alligators
November 6, 2002



Inspiration

If there is one characteristic that all great champions share, it's an enormous sense of pride. That's true in all walks of life. The people that excel are those who are driven to show the world and prove to themselves just how good they are.

Masters

We would like to make sure everyone knows about our Masters Swim Team. We have a group of about 12 Masters Swimmers that join us for practice. **Joan Kosiak** is the master's liaison between the Alligators and the masters. Be sure to seek her out.

She is a great person.

wiki for more information. **Magazine Sale** Are you looking for some new reading material? Our Magazine Sale ends on October 23rd, all orders must be in by then. Please see Mary Ann Grady for packets and information. 40% of the sale goes towards your Fund Raising goal.



Meets

We've been busy. Swimming with TSA and New Trier was great, but now it is time to change our focus. The Barrington meet is just around the corner and right after that is our own **Alligator** swim meet. For those of

you that are still interested, you need to get your requests for Indianapolis to Mary ASAP. The Indy meet will be held December 15-17th.

Our New Trier Meet was held on October 11th. Several participants showed up for best times. These participants included: Brent C., Jaclyn C., Matt C., Kendall H., Stephanie N., Molly N., Bob P., Jim P., Angela R., Erin R., Jeffery R., Rebecca R., Alex S., Laura W., Sam W., Madeline W., and Steven Z.

Congratulations to all our meet participants.



Upcoming Events

Mark your calendars for our Halloween Pool Party on October 30 at 6 pm at Viator's High School. If anyone is willing to bring snacks, please leave a message on the hotline (847-749-4900).



Birthdays

10/15 Stephanie Nolan
10/23 Elizabeth Anderson



Mark your calendar for **our Alligator meet** on November 23 & 24th. We need you, parents, to volunteer for the many duties that day. Details will be coming. Meet

scheduling, locations and time will also be available on the web site.



Coaches

Who are your coaches this year? Last time we talked about Mary Ruffin, Adam Clementi and Anne Warner. This issue we meet

Vanessa Tofilon and Cari Cusinato.

Cari and Vanessa are our returning veteran staff. Vanessa began swimming in grade school with her local neighborhood swim team. She swam 4 years of high school swimming and swam intramurals in college at the University of Texas. She began her coaching career in Lewisville, TX. She began coaching with the Alligators in the fall of 2001 and has been with us every since.

Vanessa is a kind and knowledgeable coach. After a long week, working Fri and then Sat am is a challenge, but she always walks in with a smile. She currently lives in Palatine with her husband and works at Hewitt.

Cari Cusinato

started with the Alligators in 1999, took a break and came back in the summer of 2001. She swam competitively in High School at Lane Tech and has been coaching and teaching swimming since 1998. She and her husband Mike, and their dog Abby live in Palatine, but are planning a move in early December to Port Barrington. Cari really enjoys working with swimmers of all ages, but really has a passion for the masters group. Cari offers a great deal of enthusiasm and is a strong supporter of all our athletes. Our masters team can

even help train her
once in a while!

Practice Times

Please check our
Website,
[www.arlingtonalliga
tors.org](http://www.arlingtonalligators.org) for the
most up-to-date
information on
practice times and
locations.

Attn: Parents

Our next parent
meeting is November
16th at 6pm at St.
Viator's High
School. This is a
mandatory meeting
for all parents.
We will be
discussion the
Arlington
Alligators meet.
You will have the
opportunity to sign
up for the job of
your choice.



Poinsettia' s Sale

Christmas Time
Poinsettia Sale is
coming. Keep
watching for more
information.

REMINDER

All **Gold and Xtreme**
Gators must bring
their required
training equipment
to their lanes.