

Green- Tues. 6:15-6:45 (W)
Fri. 6:15-6:45 (V)
Sat. 1-1:30 (P)

Silver- Mon 6:15-7 (V)
Weds 6:15-7 (V)
Sat 1:45-2:30 (P)

Gold - Mon 6:15-7:30 (V)
Tues 6:15-7:30 (W)
Thurs 6:15-7:30 (W)
Sat 1-2:30 (P)
Sun 8:30-10 AM (P)

Blue- Mon 6:45-8:15 (V)
Tues 6:30-8 (W)
Thurs 6:30-8 (W)
Fri 6:15-7:45 (V)
Sat 1-3 (P)
Sun 8-9:30 AM (P)

Senior 1 - Mon 6:15-8:15 (W)
Weds 6:15-8:15 (V)
Thurs 7-8:30 (W)
Fri 6:45-8:15 (V)
Sat 7-9 AM (V)
Sun 6:45-8:30 AM (P)

Senior 2 - Mon 6:15-8:30 (W)
Tues 6:30-8:15 (V)
Wed 6:15-8:30 (W)
Thurs 6:30-8:15 (V)
Sat 6-8:25 AM (V)
Sun 8-10 AM (P)

Senior 3- Mon 6:15-8:45 (W)
Tues 6:15-8:15 (V)
Weds 6:15-8:45 (W)
Thurs 6:15-8:15 (V)
Sat 6-8:25 AM (V)
Sun 6:15-8:15 AM (P)

Masters - Tues 5:30 AM- 7 AM (V)
Thurs 5:30 AM-7 AM (V)
Sun 6:15 AM -7:45 AM(P)